BODY ESSENTIALS COVID-19 PRE-SCREENING

Please read each of the questions below; Answering "Yes" or "No". This document can be printed out with your answers indicated in the left margin. This can be returned to me asap by email or text. OR if you answer NO to all questions, a simple email, text or verbal reply stating so is fine.

- **1.** Have you had close contact with anyone with an acute respiratory illness? Have you had or been in close contact with a confirmed case of COVID-19?
- 2. Have you travelled outside of CANADA in the past 14 days?

COMMON SYMPTOMS of COVID-19 Include:

- 3. Fever (temperature of 37.8C or greater)?
- 4. New or worsening cough?
- 5. Shortness of breath?

OTHER SYMPTOMS of COVID-19 Can Include:

- 6. Sore throat?
- 7. Difficulty swallowing?
- 8. New senses of smell or taste disorder(s)?

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9. Nausea/vomiting, diarrhea, abdominal pain?

10. Runny nose or nasal congestion (*in absence of underlying reasons such as seasonal allergies, post nasal drip, etc*)?

ATYPICAL SYMPTOMS of COVID-19 Can Include:

11. Unexplained fatigue, general feeling of being "unwell" or muscle pains?

- 12. Delirium (acutely altered mental status and inattention?
- 13. Unexplained or increased number of falls?
- 14. Acute functional decline?
- 15. Exacerbation (worsening) of chronic conditions?
- 16. Chills?
- 17. Headaches?
- 18. Croup?
- 19. Pink eye (conjunctivitis)?
- 20. Multi-system inflammatory vasculitis in children?

(presentation may include persistent fever, abdominal pain, conjunctivitis, gastrointestinal symptoms of nausea, vomiting and diarrhea) and rash

21. Unexplained tachycardia; including children (increased heart rate)?

22. Decrease in blood pressure?

23. Unexplained hypoxia; even mild less than 90% (deficiency of oxygen reaching tissues); shortness of breath?

24. Lethargy, difficulty feeding in infants (if no other diagnosis)? 25. With Ontario "re-opening", are you living full-time in an area outside of "The Kawarthas"? If so treatments at my clinic will not be considered at this time to protect my client base. (not on Ministry documents)

Keeping Us All Safe From Covid-19;

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